



APRIL 2022 | ISSUE 2

# TNF-AKHUWAT GAZETTE

The Newsletter of the TNF-Akhuwat  
Boarding School Faisalabad

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# TNF-FAMILY GET TO GATHER

The more you party, the more conversations you will have which will allow you to practice on your inner boldness and courage. Partying among others allows your attention to be redirected to something hopeful and happy. A small get-together party was arranged to boost up the social span of the teaching staff. All the members were served with delicious and spicy food items and ice-cream





# VISIT BY DISTINGUISHED GUEST

There was a blessed day when the Chairman of this institution Mr. Tasneem Noorani along with respectable Mr. Mazoor Ahmad Khan visited the school. He was welcomed with open arms by Mr. Tariq Saleem (Principal), Mr. Muhammad Siddique (Admin Officer) and the Prefects of the Houses. He appreciated the magnificent appearance of the students.







Mr. Tasneem Noorani visited the school with one of his close companions Mr. Manzoor Ahmad Khan who is residing in Canada right now . Mr. Mazoor Ahmad Khan was given short detail about the structure, dream, purpose, objective of the school. Mr. Mazoor Ahmad Khan was amazed by observing the whole set-up of TNF-Akhuwat Boarding School and then he gave a short speech on the basis of his experiences of Canadian lifestyle by comparing with Pakistani context. He stimulated the students by sharing the success stories of his life.

# INTER HOUSE CRICKET COMPETITION

Health is wealth, and when it comes to our children we should not compromise a bit. Sports is the easiest and probably the best way to channel the energy power of students in the right direction. Sports are essential for a healthy lifestyle. Mr. Tariq Saleem is inaugurating Inter House Cricket Competition 2021-22 by playing a very beautiful Square drive at Cricket ground.





Four Houses named as Abu Bakar House in yellow sports shirt, Umar House in blue sports shirt, Usman House in green sports shirt and Ali House in red sports shirt with their awesome black trousers become the beauty of playgrounds during the sports timings.





Inter House sports competition 2021 was started from 24th of January to provide entertainment to students and to create leadership qualities . Different games such as Football, Cricket, Hockey, Volley ball, Bad Minton and Table Tennis were played at TNF-AKHUWAT Boarding School. Total 78 matches were played during this competition.



***Sport aims to build strong heart, confidence, endurance of defeat, how to work hard after defeat, reduce stress, improve mental health, leadership and mutual brotherhood. Though it was very first time but the students proved themselves as future stars. The football final was won by Usman House by defeating Umar House.***





The Finals of all games such as Cricket, Football, Hockey, Volley ball, Table tennis, Badminton were played respectively. The students showed matchless passion. The final match of single badminton was played between Ali House and Umar House. The beauty of this match is that they both are brothers from North Waziristan.





# INTER HOUSE P.T COMPETITION

Exercise involves engaging in physical activity and increasing the heart rate beyond resting levels. It is an important part of preserving physical and mental health. Doing PT at regular basis keeps you fit, healthy, attentive and disciplined. P.T. competition was also arranged to make students more, disciplined, attentive, hardworking and bold. This competition was won by Abubakar House and Ali House equally.





# INTER HOUSE ATHLETICS COMPETITION



Athletics is a group of sporting events that involves competitive running, jumping, throwing, and walking. Athletics gives not only entertainment but also it helps to keep us healthy. These events also keep up our spirit to accept all type of hurdles in our life.



*TNF conducted different events in athletics to groom students. Sprints such as 100 meter race, 200 meters, Relay race (4x100m) as well as 400 meter and 800 meters were held. Tug of War, Long jump, high Jump were also a crucial part of athletics to check the power of students. Apart from these gymkhana events were also conducted for small children which included sack race, hurdles race, three-legged race.*



TNF aims to make its students healthy, fit, valuable and energetic. Different events in athletics teach different lessons such as races teach how to maintain your self in the race of life, Tug of War teaches you how to put your efforts to achieve every hard goal of life. High jump teaches you how to achieve high goals of your life. Moreover, hurdles race teaches you an excellent lesson that how to overcome various hurdles which you face during the course of your life and after overcoming how to accomplish your tasks of life.



The sack race is a competitive game in which participants place both of their legs inside a sack or pillow cover that reaches their waist or neck and hop forward from a starting point toward a finish line. Sac race was a part of gymkhana and this was arranged particularly those small students who could not participate in other major games. These were probably most humorous sights as students could be seen falling down then standing, running in a very humorous way.



After Finals there comes the stage of nominating the winners and runners-up and the stage of awarding them with trophies, certificates and shields etc. TNF does not want its students to lose their hearts but Principal Mr. Tariq Saleem awarded the winners and runners-up with trophies, appreciation certificates and patting on their shoulders. The winners were taught how to maintain their victory for next year and others were guided how to be winners for coming years. Here below we can see one of the athletes receiving appreciation certificate from Respected Principal.





# ENTRY TEST 2022-23

Entrance Test is a standardized aptitude that measures your aptitude in various areas such as verbal, analytical and writing skills. These tests are not designed to measure what you learned, rather, they measure your potential to perform well in future. They are like a chain of the loop that can keep raising your educational level and competing at higher levels so they act like a NEVER ENDING KNOWLEDGE LADDER.







New entry test of TNF-Akhuwat Boarding School for the session of 2022-2023 was conducted on 23rd of March 2022 in four provinces Punjab, Sindh, Balochistan and KPK. The tests were conducted in Tando Allah Yar, Quetta, Peshawar, Karak and Faisalabad. The students from 6th to 8th were required to attempt three papers including English, Urdu and Math, and students for 9th had to attempt science as well every paper was of 50 marks.



***Alhamdolillah all the tests were conducted smoothly and not a single issue was seen during the whole process. Entry test at Faisalabad witnessed 470 students of class 6th to 9th belonging to different districts of Punjab such as Faisalabad, Jhang, Chiniot, Toba Tek Singh, Lahore etc. There was mind-blowing system, all the teachers and prefects co-operated very well and all were seen active and enthusiastic for the development of this institution.***



# EDUCATIONAL COMPETITIONS

Testing improves metacognitive monitoring by giving students scores of self-assessments, they can better predict their knowledge and be more confident about what they know and what they need to know. Apart from this, quizzes produce better organization of knowledge by helping the brain organize material in clusters to allow better retrieval.





Having frequent quizzes motivate study and reduce procrastination. Different quizzes have been held to judge and to enlarge the confident and educational level of students. Quaid quiz, Islamiat quiz, Science quiz and English quiz are the few pearls of this garland. The students showed extra-ordinary performance in all the quizzes. The beauty of these quizzes was that every House won any of these quizzes which show the diversity of Houses and students. Above all, cash amount was also given to the most attentive listeners from the audience who were asked to note down the questions. All of these quizzes were supervised by worthy Principal Mr. Tariq Saleem who also used to give useful suggestions at the end of every quiz







Love for religion Islam, for Our Creator and his last Messenger Hazrat Muhammad (PBUH) leads us to right direction in this world and in next word. Islam guides us in every field of our lives and tells us the way to get success in both worlds.

Qirat and Naat Competitions were held to tie the students with the rope of Islam and to reveal their talent. Three students from each House took part in this contest. The students showed unbelievable performances and Faizyab Ahmad from Abubakar House proved himself as the best Qari and Mushmulhaq from Ali House proved himself as the best Naat Khwan of the year 2021-2022.





# INTER HOUSE BILINGUAL DECLAMATION CONTEST

Declamation requires students to select a speech that was delivered in public and perform an excerpt of that speech to an audience. This is why every sensible person wants his child to be a boarder, because here at TNF we do not focus only on polishing their study skills but 100% energy is put in to polish their extra-curricular activities. To build a bridge between their study and extra-curricular skills TNF conducted Inter House Bilingual Declamation Contest 2022 on 15 of March 2022 in which all four Houses participated. Though it was very first attempt but students expressed themselves going out of the way and cast a spell on the audience.





***Declamation contest is something which is a little bit different than that of Speech competition because it has few different rules and regulations. The topics were given by Worthy Principal which were in both English and Urdu . Two boys from each House (one for English speech and one for Urdu speech) were required to deliver their content.***

***To maintain justice, to avoid biasness, three judges and guests from AKHUWAT FIRST University Faisalabad Campus were also invited to decide the winners. Mr. Dr. Abdul-ul-Haq who is Director of AKHUWAT FIRST University was invited as Chief judge and Mr. Rizwan and Miss. Tayyaba Aslam were invited as supporting judges. The female guests were accompanied by respected wife of Mr. Tariq Saleem.***







After negotiating the names of winners and runners-up were declared. Baryal Khan from Abubakar House was declared winner from English speech and Ishaq Ali as runner-up. At the same time, M. Jameel from Abukar House was declared winner from Urdu speech and Azmat Sarfraz from Usman House runner-up.



Not only trophies were awarded at individual level, but at House level. Therefore, Abubakar House was declared winner in this Bilingual declamation contest and Usman House runner-up. The winners and runners-up were awarded with trophies and certificates. The chief judge was requested to award the students with trophies. Here we can see Usman House getting trophy from Dr. Sb.



**Mr. Abdul Haq was requested to give a short speech at the end of declamation contest. He was very much impressed by the performances of the students and he also expressed his inspiration in his speech. He appreciated Mr. Principal and all the teachers for their effort to groom downtrodden students within six months. He also motivated the students in his speech and made his mind to hold such type of contest in Akhuwat First University Faisalabad. Then at the end of his speech Chief guest and other judges were given honorary shields .**







A participation trophy is a symbol of the effort and time a person put into an endeavor. It serves as a reminder for the winners and runners-up. They were not satisfied only on appreciation certificates but they were given different trophies to motivate them. Apart from trophies for the students, some honorary shields were also taken for the chief and supporting judges.



There was a great set up of seating for the judges, guests, teaching staff and students. We managed to sit 160 students in mess-hall together. The teachers and prefects of all Houses did a lot to manage the overall discipline. The audience also learned a lot and at the end of contest every student from the audience promised himself to take part in next year's contest.





The Chief judges and other guests were delighted with spicy and tasty lunch. They appreciated a lot to the taste of meal, our way of hospitality, our tradition of starting meal with dua at beginning and end and overall management .

At the end of whole ceremony the guests and judges were requested to take a group photo for the memory of this school. The judges and guests departed from Principal and staff with countless good memories which will remain with them.

